

YMCA CAMP
CHINGACHGOOK
ON LAKE GEORGE



CHINGACHGOOK
{chin-ja-cook}

Summer Camp



YMCA

We build strong kids,
strong families, strong communities.

YMCA Camp
CHINGACHGOOK

Archery
Art
Campfires
Canoeing
Climbing Tower
Competitive Swimming
Creative Writing



Drama
Exploring Nature
Fishing
Hiking
Kayaking
Outdoor Living Skills
Performing Arts
Photography
Sailing

Singing
Snorkeling
Swimming
Team Sports
Tennis
Woodworking
High Ropes*
Mountain Biking*
Riflery*
Rock Climbing*
Waterskiing*



When you talk to most kids who've attended summer camp at Chingachgook, they'll tell you it was one of the best experiences of their lives.

Some of those kids are now parents and grandparents and are still talking about their Chingachgook experiences. For many of them, it was their first opportunity to be independent. It's where they made life-long friends, met new challenges, and developed self-confidence and self-respect.

At Chingachgook, we design our programs to develop a child's mind, body, and spirit. The rhythm of Camp balances group activities with individual pursuits, and education with recreation. There is time to learn, to play, and to just be yourself. Each day begins with a devotion and concludes with vespers. These are reflections on the wonders of nature and the abundance of camp fellowship.

Camp Chingachgook welcomes everyone, regardless of race, color, religion, national origin, or financial standing. Throughout their stay, campers assume daily responsibilities from making beds and setting tables to choosing and planning activities. And they learn to understand and respect the environment through challenging day and overnight hiking, canoeing, and sailing trips. These outdoor travels build character and life-long skills.

THE MOST BEAUTIFUL PLACE IN THE WORLD

Camp Chingachgook was established in 1913 and sits on the quiet east shore of Lake George in the Adirondack State Park. With 200 acres bordering thousands of acres of *forever wild* Adirondack Forest Preserve, Chingachgook offers access to over 50 miles of trails through Camp and along the lake shore and mountain summits.

A wide variety of waterfront activities takes place on Chingachgook's extensive shoreline, with two 80-foot docks and a fleet of 90 sailboats, canoes, kayaks, rowboats, and waterski boats. Other facilities include tennis, volleyball and basketball courts, softball and soccer fields, an art studio, photography darkroom, rifle and archery ranges, a high- and low-ropes course, a climbing tower, a bouldering wall, an environmental library, a newly renovated dining hall, and a large hike and trip center.

A centrally located, fully equipped medical health lodge is staffed 24 hours each day.

Bunk cabins accommodate eight to ten campers, a counselor, assistant counselor, and a counselor-in-training. Groups of cabins form separate boys' and girls' units with centralized bathroom and shower facilities. Over the last few years, the YMCA has invested over \$4 million in facility and property improvements and infrastructure.

***MUST BE AT LEAST 12 YEARS OLD**

REGISTER AT WWW.CHINGACHGOOK.ORG OR CALL 518-656-9462 TODAY



Magic Happens at CHINGACHGOOK

Give your child the character-building experience that lasts a lifetime! Campers are busy having fun while developing the four basic core values at the heart of a YMCA experience: **CARING**, **HONESTY**, **RESPECT**, and **RESPONSIBILITY**.

Camp Chingachgook's summer camping season is divided into three two-week sessions and three one-week sessions. Each camper becomes part of a close-knit cabin group with eight to ten campers and two or three leaders. Cabins are grouped into four communities or units: junior and senior girls, and junior and senior boys (juniors are ages 7 to 12 and seniors are ages 13 to 16). All campers and staff share great family-style meals in the dining hall.

The normal daily routine includes cabin cleanup and morning activity, two morning and three afternoon skill classes, free swim, and all-camp evening activities such as campfires, talent shows, drama productions, theme nights, dances, and more. Several days are set aside for special events including carnivals, Olympics, and day hikes.

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CHOOSING A ONE- OR A TWO-WEEK SESSION

The staff, program, and events are nearly the same for both, but there are differences. There are four skill class days in the one-week session and seven skill class days in the two-week session. The one-week session includes a day hike, but not an overnight. The two-week session also features a three-day backpacking or water trip—a challenging and rewarding event offered at few other resident camps.





3-day overnight trips from Base Camp **CHINGACHGOOK**

The three-day hiking trips that are an integral part of each two-week camper's experience at Chingachgook are made possible by the beautiful gifts Mother Nature has surrounded us with here at Camp. The hikes are rated by difficulty and campers choose their hikes from several options. Novice hikers enjoy camping on camp property. More advanced hikers may tackle the Adirondack High Peaks or Vermont's Green Mountains. Campers who meet the swimming qualifications may elect to go on a sailing, kayaking, or canoeing trip to one of the islands on Lake George. All campers sleep in camp tents or lean-to's and each hiking trip is supplied with the necessary food and group hiking equipment (tents, stove, pots).

CHINGACHGOOK'S THREE-DAY OVERNIGHT TRIPS ENCOURAGE CAMPERS TO:

Build a self-sufficient team – eating, traveling, and planning as a cooperative group

Enjoy the wilderness – living in it, becoming a part of it, appreciating its beauty and spirit

Feel a strong sense of accomplishment – hiking a mountain, exploring the forest, canoeing a lake

Learn the skills of back-country travel – selecting campsites, preparing meals, and camping with minimal impact on the environment.

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OUR STAFF ARE AMONG THE BEST IN THE WORLD

Because we are committed to helping each camper experience the very best time of his or her life while at Chingachgook, only the best of the best applicants are selected to staff the camp. These young adults care about children. They are loving, patient, responsible, dedicated to teaching—and they like sharing safe outdoor fun!

The Counselor-in-Training (CIT) program is for tenth-grade graduates who are self-motivated and enthusiastic about assuming responsibility and leadership. CITs spend four weeks at camp as part of an intense program that provides guidance toward gaining maturity through leadership opportunities and training in working with children.

As an added bonus, our many international counselors and staff share a bit of their home culture, helping us all to better understand and have fun with each other. There's no quicker path to world peace than sharing chores, adventures, laughter and tears. They come from as faraway as Europe, Asia, and South America; and for the summer at least, call Chingachgook home.

Before the first campers arrive, all staff participate in intensive training in safety, counseling, teaching, and camp policies and procedures. Counselors are certified in Wilderness First Aid, CPR, and lifeguarding.



FINANCIAL AID

YMCA programs are for everyone regardless of income. Financial assistance is available thanks to the YMCA's Reach Out for Youth scholarship campaign and all the individuals, families, and corporations who contribute. This year we'll offer financial aid to over 3,000 children in our year-round programs. Please call Chingachgook for a scholarship application or donation information.





Our Mission at **CHINGACHGOOK**

YMCA Camp Chingachgook is a nonprofit, charitable organization dedicated to the promotion of fitness and healthy lifestyles, strengthened family life, community development, leadership qualities in our young people, and strengthened international understanding based upon Judeo-Christian principles.



YMCA Camp Chingachgook

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ACCREDITED BY THE AMERICAN CAMP ASSOCIATION

Developed exclusively for the camp industry, this nationally recognized organization focuses on program quality, health, and safety issues and requires us to review every facet of our operation. Camp Chingachgook voluntarily submits to this independent appraisal by camp experts and has earned this mark of distinction.



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