



FUN FOR THE WHOLE FAMILY

*For fun and inspiration,
bring the generations
of your family to beautiful
Lake George in the
Adirondack Mountains*

Canoeing,
Swimming,
Campfires,
Delicious Meals,
Rock Climbing,
High Ropes,
Sailing, Kayaking,
Hiking, Archery, Sports,
Climbing Tower, Crafts,
Ice Skating, Sledding, Snowshoeing,
Cross-Country Skiing, Snow Boarding,
Nature Walks, Games, New Friends

YMCA CORE VALUES: **Caring** **Honesty** **Respect** **Responsibility**

FUN FAMILY WEEKENDS

What to Do

Early morning to late evening, enjoy a full schedule of optional activities that keep you as busy or relaxed as you like. Join other families who share your interest in the outdoors. Enjoy the lake when it's open or frozen and explore the trails whether they're dry or snow-covered—or just relax in the sun or by the fire.

Depending on the season, programs may include sailing, crafts, snow-shoeing, snow tubing, ice skating, cross-country skiing (bring your skis and skates), hiking, volleyball, canoeing, swimming, tennis, rock climbing, high-ropes, birding, archery, campfires, nature walks, age-appropriate games, team sports, relaxation, and more.

Accommodations

Adirondack-style cabins feature bunk beds—just toss on your sleeping bag and pillow and you're set for a great night's sleep at the foot of Buck Mountain. Modern bath facilities are a short walk from the cabins. The chef prepares healthy, delicious meals with vegetarian options, served in the dining hall.

Location

Chingachgook's 200 acres sit on the quiet east shore of one of the cleanest, most beautiful lakes in the world. Our trail system extends to the Adirondack preserve—you can hike, backpack, ski, or snowshoe for days from Camp. Sitting at the widest point of the 32-mile-long lake makes Chingachgook an ideal place to skipper a sailboat. Or, paddle a canoe along the shore. Lake George offers limitless adventures.



WEEKEND FAMILY CAMPS

For details, visit www.chingachgook.org
or call 518-656-9462

Winter Weekend	February
Mother-Daughter Weekend	Early May
Father-Son Weekend	May
Memorial Day Weekend	May
Labor Day Weekend	September
Fall Foliage Weekend	October
Volunteer Work Weekends	April November



DAY PROGRAMS

Great family fun—lunch included!

Winter Adventure

Enjoy everything winter has to offer: learn to snowboard in the privacy of Chingachgook's beginner hill, snowshoe and ski the trail network overlooking the lake—or even on it! If the ice is bare, skate on the lake. If the hills are snow-covered, tube down the tubing hill. If there isn't any snow, enjoy the stillness of the winter in hiking boots. The weather doesn't matter, it's the outdoor adventure with great company that counts. We provide snowboards, snowshoes, and tubes. Bring your skates and skis.

Ice-Fishing Derby

Enter the salmon and lake trout ice-fishing derby with hundreds of dollars in prizes. We provide instruction, equipment, and lunch. If you're not interested in help from Chingachgook and you bring your own lunch and equipment, entry fee for the derby is reduced. Current NYS fishing license required if you are 16 or older.



Rock Climbing

Learn how to balance and move on the 190-foot bouldering wall, then scale the 52-foot climbing tower to practice being on belay and basic climbing techniques. Then take a short hike to some great rock faces to put it all together doing the real thing on the real thing. Chingachgook provides rock-climbing equipment—even shoes!

Paddle Lake George: Kayak or War Canoe

Spend the morning learning the introductory skills of flat-water paddling and feeling comfortable in the boats and then setting out on a journey up the wooded Lake George shoreline. Find just the right spot for a quiet picnic lunch on an island and then continue exploring the lake's varied features and vistas for the rest of the day. (Kayaking is for children 12 years or older.)

Sailing Day

Take the helm, trim the sails, and follow the wind across magnificent Lake George aboard a 24-foot sailboat. Share a great lunch onboard while listening to the wind rushing over the sails. Camp Chingachgook sits on the widest, most scenic part of Lake George, making us the perfect place for family sailing.



YMCA CAMP
CHINGACHGOOK
ON LAKE GEORGE

Canoeing, Swimming,
Campfires, Rock Climbing,
High Ropes, Sailing,
Kayaking, Hiking,
Archery, Sports,
Climbing Tower, Crafts,
Ice Skating, Sledding,
Snowshoeing,
Snow Boarding,
Cross-Country
Skiing,
Games, Nature Walks, Delicious Meals,
New Friends



YFAMILY CAMP
We build strong kids, strong families, strong communities.